## HOUSE RESOLUTION NO.46

Reps. Mueller, Marino, Berman, Wentworth, Tate, Wakeman, Frederick, Green, Griffin, Lightner, Vaupel, Crawford, Warren, Paquette, Lower, Wendzel, VanWoerkom, Cherry, Hauck, Yaroch, Huizenga, LaFave, Chirkun, Sheppard, Webber, Calley, Kennedy, Sneller, Hornberger, Rabhi, Filler, Neeley, Camilleri, Hoadley, Garrett, Hammoud, Tyrone Carter, Gay-Dagnogo, Slagh, Robinson, Bollin, Love, Clemente, Haadsma, Jones, Kuppa, Lasinski, Liberati, Manoogian, Sabo, Shannon, Sowerby, Stone, Whitsett, and Wittenberg offered the following resolution:

- 1 A resolution to declare March 19, 2019, as Law Enforcement
- 2 Mental Health Awareness Day in the state of Michigan.
- 3 Whereas, The brave law enforcement personnel of the state of
- 4 Michigan, who proudly serve and protect our communities, risk their
- 5 lives to ensure the safety of our citizens and deserve the

investment of every possible resource to ensure their lasting 1 2 physical, mental, and emotional well-being; and Whereas, Law enforcement officers witness a substantially 3 4 higher number of traumatic incidents compared to other professions, 5 elevating the risk of developing mental illnesses. They face a higher risk to develop stress-related mental illnesses such as 6 anxiety, depression, and PostTraumatic Stress Disorder (PTSD). 7 Experts estimate that up to 35% of law enforcement officers 8 9 experience some form of PTSD. PTSD significantly increases the risk 10 of depression, suicide, and substance abuse related disorders and 11 deaths. The number of law enforcement officers who died by suicide outnumbered those who died in the line of duty for three 12 13 consecutive years in 2016, 2017, and 2018; and 14 Whereas, The increased levels of stress and trauma law 15 enforcement officers experience create negative effects to their 16 physical health and family life. Several barriers that prevent law enforcement officers from seeking necessary mental health services 17 18 still remain. It is estimated that only 3-5% of the 18,000 law enforcement agencies across the United States have suicide 19 20 prevention training programs. The fear of job-loss in a profession 21 that prioritizes toughness and bravery contributes to the shame and 22 stigma that remains as one of the strongest barriers standing between law enforcement officers and mental health services; and 23 Whereas, The establishment of a Michigan Law Enforcement 24 25 Mental Health Awareness Day will raise public awareness about 26 issues related to PTSD, anxiety, depression, and suicide; now,

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Resolved by the House of Representatives, That the members of this legislative body declare March 19, 2019, as Law Enforcement

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therefore, be it

- 1 Mental Health Awareness Day in the state of Michigan. We urge the
- 2 law enforcement agencies across the state of Michigan to continue
- 3 working to educate officers, medical professionals, the families of
- 4 law enforcement officers, and the public about the causes,
- 5 symptoms, and treatment of mental illnesses; and be it further
- 6 Resolved, That a copy of this resolution be transmitted to the
- 7 Governor of Michigan.