HOUSE RESOLUTION NO.46

Reps. Mueller, Marino, Berman, Wentworth, Tate, Wakeman, Frederick, Green, Griffin, Lightner, Vaupel, Crawford, Warren, Paquette, Lower, Wendzel, VanWoerkom, Cherry, Hauck, Yaroch, Huizenga, LaFave, Chirkun, Sheppard, Webber, Calley, Kennedy, Sneller, Hornberger, Rabhi, Filler, Neeley, Camilleri, Hoadley, Garrett, Hammoud, Tyrone Carter, Gay-Dagnogo, Slagh, Robinson, Bollin and Love offered the following resolution:

- 1 A resolution to declare March 19, 2019, as Law Enforcement
- 2 Mental Health Awareness Day in the state of Michigan.
- 3 Whereas, The brave law enforcement personnel of the state of
- 4 Michigan, who proudly serve and protect our communities, risk their
- 5 lives to ensure the safety of our citizens and deserve the
- 6 investment of every possible resource to ensure their lasting
- 7 physical, mental, and emotional well-being; and

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Whereas, Law enforcement officers witness a substantially 1 higher number of traumatic incidents compared to other professions, 2 elevating the risk of developing mental illnesses. They face a 3 higher risk to develop stress-related mental illnesses such as 4 5 anxiety, depression, and PostTraumatic Stress Disorder (PTSD). 6 Experts estimate that up to 35% of law enforcement officers 7 experience some form of PTSD. PTSD significantly increases the risk 8 of depression, suicide, and substance abuse related disorders and 9 deaths. The number of law enforcement officers who died by suicide 10 outnumbered those who died in the line of duty for three 11 consecutive years in 2016, 2017, and 2018; and 12 Whereas, The increased levels of stress and trauma law enforcement officers experience create negative effects to their 13 physical health and family life. Several barriers that prevent law 14 15 enforcement officers from seeking necessary mental health services still remain. It is estimated that only 3-5% of the 18,000 law 16 enforcement agencies across the United States have suicide 17 18 prevention training programs. The fear of job-loss in a profession 19 that prioritizes toughness and bravery contributes to the shame and 20 stigma that remains as one of the strongest barriers standing between law enforcement officers and mental health services; and 21 22 Whereas, The establishment of a Michigan Law Enforcement 23 Mental Health Awareness Day will raise public awareness about issues related to PTSD, anxiety, depression, and suicide; now, 24 25 therefore, be it Resolved by the House of Representatives, That the members of 26 27 this legislative body declare March 19, 2019, as Law Enforcement 28 Mental Health Awareness Day in the state of Michigan. We urge the 29 law enforcement agencies across the state of Michigan to continue

- 1 working to educate officers, medical professionals, the families of
- 2 law enforcement officers, and the public about the causes,
- 3 symptoms, and treatment of mental illnesses; and be it further
- 4 Resolved, That a copy of this resolution be transmitted to the
- 5 Governor of Michigan.