

HOUSE RESOLUTION NO.144

Reps. Garrett, Byrd, Neeley, Yancey, Gay-Dagnogo, Witwer, Wittenberg, Anthony, Hoadley, Bolden, Pohutsky, Rabhi, LaGrand, Calley, Pagan, Ellison, Sowerby, Brixie, Kennedy, Brenda Carter, Stone, Hood, Robinson, Tyrone Carter, Manoogian and Cambensy offered the following resolution:

1 A resolution to declare September 1-September 7, 2019, as
2 Infant Safe Sleep Awareness Week in the state of Michigan.

3 Whereas, Infant Safe Sleep Awareness Week calls attention to
4 the fact that with proper safe sleep steps, preventable infant
5 deaths can be avoided; and

6 Whereas, Sudden Unexpected Infant Death, or SUID, is the
7 leading cause of death in infants between one month and one year of
8 age; and



1 Whereas, According to Centers for Disease Control and
2 Prevention, 3,500 babies in the United States are lost to sleep-
3 related deaths each year; and

4 Whereas, In 2015, 159 infants in the state of Michigan died
5 due to sudden unexpected infant deaths. This means that a baby dies
6 nearly every other day in Michigan in an unsafe sleeping
7 environment. Evidence suggests that these deaths are overwhelmingly
8 preventable. The risk factors for sudden unexpected infant death
9 can be mitigated by reducing the baby's exposure to smoke and
10 unsafe sleep practices; and

11 Whereas, Many parents practice unsafe sleeping habits with
12 their infant because they are unaware of the dangers of SUID.
13 Babies are needlessly dying because of unsafe sleeping
14 environments, such as couches and adult beds, or sleep areas with
15 other children, adults, pets, pillows, blankets, stuffed animals,
16 or other toys; and

17 Whereas, There are seven simple steps one should take to
18 ensure babies sleep in a safe environment. These steps are: the
19 baby always sleeps alone in a crib; the baby sleeps on his or her
20 back; there is nothing in the baby's sleep area; the baby's face is
21 uncovered; there is no smoking around the baby; the baby is not
22 overheated or overdressed; the baby must sleep on a firm mattress
23 with a tight-fitting sheet; and

24 Whereas, Our state is fortunate to have many public and
25 private partners working together to protect children and ensure
26 infants are safe. The American Academy of Pediatrics and the
27 Michigan Department of Health and Human Services recommend placing
28 infants in a safe sleeping environment to help significantly reduce
29 sudden unexpected death; and

1 Whereas, Parents should gain a broader understanding of safe
2 sleep practices and the risk factors associated with SUID and share
3 that information with others. A broader understanding of safe sleep
4 practices by parents in the state of Michigan will help prevent
5 nearly 150 infant deaths in Michigan per year; now, therefore, be
6 it

7 Resolved by the House of Representatives, That the members of
8 this legislative body declare September 1-7, 2019, as Infant Safe
9 Sleep Awareness Week in the state of Michigan. We aim to promote
10 awareness of sudden unexpected infant death and safe sleep
11 practices.