## SENATE RESOLUTION NO.18

Senators MacDonald and Lucido offered the following resolution: 1 A resolution to recognize May 2019 as Stroke Awareness Month. 2 Whereas, Stroke is one of the leading causes of death and 3 serious long-term disability in the state of Michigan; and Whereas, The federal government estimates show that more than 4 \$34 billion is spent annually on strokes, including the cost of 5 6 health care services, medications, and lost productivity; and 7 Whereas, Nearly 58 percent of Americans do not know if they 8 are at risk for a stroke and one in three Americans cannot name any 9 of the signs or symptoms of a stroke; and Whereas, The F.A.S.T. warning signs and symptoms of a stroke 10 11 include face drooping, arm weakness, speech difficulty, and time to 12 call 9-1-1. Additional stroke warning signs and symptoms include

- 1 sudden numbness or weakness of the face, arm, or leg, especially on
- 2 one side of the body, confusion, trouble speaking or difficulty
- 3 understanding speech, trouble seeing in one or both eyes, trouble
- 4 walking, dizziness, loss of balance or coordination, and severe
- 5 headache with no known cause; and
- 6 Whereas, The American Heart Association urges people to lower
- 7 their risk of heart disease and stroke by focusing on "Life's
- 8 Simple 7" key health factors and behaviors: manage blood pressure,
- 9 control cholesterol, reduce blood sugar, get active, eat better,
- 10 lose weight, and stop smoking; and
- 11 Whereas, New and effective treatments have been developed to
- 12 treat and minimize the severity and damaging effect of stokes, but
- 13 much more research is needed; now, therefore, be it
- 14 Resolved by the Senate, That the members of this legislative
- 15 body recognize May 2019 as Stroke Awareness Month. We urge
- 16 increased public awareness of the risk factors, warning signs, and
- 17 symptoms of stroke; and be it further
- 18 Resolved, That copies of this resolution be transmitted to the
- 19 members of the Michigan congressional delegation, the Governor of
- 20 Michigan, and the Clerk of the Michigan House of Representatives.