

HOUSE RESOLUTION NO. 286

Reps. Brenda Carter, Breen, Calley, Tyrone Carter, Cavanagh, Garza, Haadsma, Hope, Koleszar, Morse, Sneller, Sowerby, Steenland, Thanedar, Weiss and Young offered the following resolution:

1 A resolution to declare May 2022 as Mental Health Awareness
2 Month in the state of Michigan.

3 Whereas, The month of May is observed as Mental Health
4 Awareness Month across the United States to educate communities
5 about mental illnesses and reduce the stigma that surrounds them;
6 and

7 Whereas, Mental health is essential to everyone's overall
8 health and well-being; and

9 Whereas, All Americans face challenges in life that can impact
10 their mental health; and

1 Whereas, The National Alliance on Mental Illness reports that
2 over 1.3 million adult Michiganders have a mental health condition;
3 and

4 Whereas, Prevention is an effective way to reduce the burden
5 of mental health conditions; and

6 Whereas, There are practical tools that all people can use to
7 improve their mental health and increase resiliency; and

8 Whereas, With effective treatment, those individuals with
9 mental health conditions can recover and lead full, productive
10 lives; and

11 Whereas, By ignoring the illnesses of our fellow citizens, it
12 will only further stigmatize those who suffer from a mental,
13 behavioral, or emotional disorder; and

14 Whereas, Each business, school, government agency, health care
15 provider, organization, and citizen share the burden of mental
16 health problems and has a responsibility to promote mental wellness
17 and support prevention and treatment efforts; now, therefore, be it

18 Resolved by the House of Representatives, That the members of
19 this legislative body declare May 2022 as Mental Health Awareness
20 Month in the state of Michigan; and be it further

21 Resolved, That we call upon all citizens, government agencies,
22 public and private institutions, businesses, and schools to commit
23 to increasing the awareness and understanding of mental health, the
24 steps we can take to protect mental health, and the need for
25 appropriate and accessible services for all people with mental
26 health conditions.