

HOUSE RESOLUTION NO. 286

Rep. Brenda Carter offered the following resolution:

1 A resolution to declare May 2022 as Mental Health Awareness
2 Month in the state of Michigan.

3 Whereas, The month of May is observed as Mental Health
4 Awareness Month across the United States to educate communities
5 about mental illnesses and reduce the stigma that surrounds them;
6 and

7 Whereas, Mental health is essential to everyone's overall
8 health and well-being; and

9 Whereas, All Americans face challenges in life that can impact
10 their mental health; and

11 Whereas, The National Alliance on Mental Illness reports that
12 over 1.3 million adult Michiganders have a mental health condition;

1 and

2 Whereas, Prevention is an effective way to reduce the burden
3 of mental health conditions; and

4 Whereas, There are practical tools that all people can use to
5 improve their mental health and increase resiliency; and

6 Whereas, With effective treatment, those individuals with
7 mental health conditions can recover and lead full, productive
8 lives; and

9 Whereas, By ignoring the illnesses of our fellow citizens, it
10 will only further stigmatize those who suffer from a mental,
11 behavioral, or emotional disorder; and

12 Whereas, Each business, school, government agency, health care
13 provider, organization, and citizen share the burden of mental
14 health problems and has a responsibility to promote mental wellness
15 and support prevention and treatment efforts; now, therefore, be it

16 Resolved by the House of Representatives, That the members of
17 this legislative body declare May 2022 as Mental Health Awareness
18 Month in the state of Michigan; and be it further

19 Resolved, That we call upon all citizens, government agencies,
20 public and private institutions, businesses, and schools to commit
21 to increasing the awareness and understanding of mental health, the
22 steps we can take to protect mental health, and the need for
23 appropriate and accessible services for all people with mental
24 health conditions.