

## SENATE RESOLUTION NO. 94

Senators Johnson, Bayer, Chang, Cherry, Geiss, Polehanki, Singh and Webber offered the following resolution:

1           A resolution to recognize February 2024 as American Heart  
2 Month and February 7, 2024, as "National Wear Red Day".

3           Whereas, The American Heart Association celebrates February  
4 2024 as American Heart Month by promoting cardiovascular education,  
5 awareness, and by encouraging citizens to learn the warning signs  
6 of a heart attack and stroke; and

7           Whereas, Cardiovascular disease affects men, women, and  
8 children of every age and race in the United States (U.S.); and

9           Whereas, Cardiovascular disease is the leading cause of death  
10 in women in the U.S., claiming the lives of more women than all  
11 forms of cancer combined. Only 44 percent of women recognize that

1 cardiovascular disease is their greatest health threat; and

2       Whereas, Among females 20 years and older, nearly 45 percent  
3 are living with some form of cardiovascular disease and less than  
4 half of women entering pregnancy in the U.S. have optimal  
5 cardiovascular health; and

6       Whereas, Cardiovascular disease is the leading cause of  
7 maternal death in the U.S., or more simply put, heart disease is  
8 the number one killer of new moms; and

9       Whereas, Overall, 10 to 20 percent of women will have a health  
10 issue during pregnancy. High blood pressure, preeclampsia, and  
11 gestational diabetes during pregnancy greatly increase a women's  
12 risk for developing cardiovascular disease later in life; and

13       Whereas, Women, especially Black and Hispanic women, are  
14 disproportionally impacted by heart disease and stroke, and  
15 research shows heart attacks are on the rise in younger women; and

16       Whereas, Younger generations of women, also known as Gen Z and  
17 Millennials, are less aware of their greatest health threat,  
18 including knowing the warning signs of heart attacks and strokes;  
19 and

20       Whereas, Additionally, 90 percent of women have one or more  
21 risk factors for developing heart disease or stroke; and

22       Whereas, Most cardiac and stroke events can be prevented  
23 through education and lifestyle changes, such as moving more,  
24 eating smart, and managing blood pressure; and

25       Whereas, In 2020, stroke caused the deaths of 90,627 females,  
26 approximately 56.5 percent of total stroke deaths; and

27       Whereas, There are significant biological differences between  
28 men and women, and clinical trials have not always adequately  
29 enrolled women or analyzed sex-specific differences in the data. As

1 of 2020, only 38 percent of cardiovascular clinical research trial  
2 participants are women; and

3       Whereas, Since 2004, the American Heart Association's Go Red  
4 for Women® movement has addressed the awareness and clinical care  
5 gaps of women's greatest health threat, cardiovascular disease. On  
6 the cusp of the American Heart Association's 100th anniversary,  
7 they continue to make bold moves to save lives and pioneer  
8 scientific discoveries; now, therefore, be it

9       Resolved by the Senate, That the members of this legislative  
10 body recognize February 2024 as American Heart Month and February  
11 7, 2024, as "National Wear Red Day".