

MICHIGAN SENATE

Senate Resolution No. 144

Offered by Senators Bayer, Polehanki, McMorrow, Chang, Klinefelt and Santana

A RESOLUTION TO RECOGNIZE NOVEMBER 9-16, 2024, AS KINDNESS WEEK

WHEREAS, World Kindness Week is a global observation that emphasizes the need to be kind to one another in order to live peacefully in our local and global communities; and

WHEREAS, Kindness is an expression of consideration that brings out the best in others and in ourselves, with overwhelmingly positive implications for health, broader peace, and well-being; and

WHEREAS, Kindness fosters connection and understanding among individuals and communities that instills hope, builds self-esteem, and enhances our society; and

WHEREAS, Experiencing and performing acts of kindness are known to provide greater happiness and optimism, reduced feelings of helplessness and depression, and an increased sense of self-worth; and

WHEREAS, Acts of kindness often inspire others to “pay it forward” in meaningful ways, thereby having significant positive impacts that extend well beyond the initial acts themselves; and

WHEREAS, No act of kindness is too small to make a difference and change a life, and anyone can make a lasting impact and change the world through kind actions; and

WHEREAS, Kindness is a choice that should be encouraged, recognized, rewarded, and celebrated to achieve more of it locally and beyond; and

WHEREAS, World Kindness Week was first observed in 1998 and has since gained traction in communities and schools across the globe, challenging individuals to be a catalyst for the positive change they would like to see around them; now, therefore, be it

RESOLVED BY THE SENATE, That the members of this legislative body recognize November 9-16, 2024, as Kindness Week. During this time, individuals, families, schools, businesses, organizations, and all constituents are encouraged to perform kind acts, big or small, and subsequently “pay it forward” for the collective betterment of one another and for the greater good.

Adopted by the Senate, November 7, 2024.



Secretary of the Senate