

SENATE RESOLUTION NO. 78

Senator Santana offered the following resolution:

1 A resolution to recognize October 12-18, 2025, as Menopause
2 Awareness Week.

3 Whereas, Menopause and perimenopause impact every woman in
4 Michigan who reach midlife, affecting fifty-one percent of our
5 state population; and

6 Whereas, Women can experience menopause and perimenopause
7 symptoms, including brain fog, fatigue, insomnia, chills, hot
8 flashes, sleep disturbance, depression, and anxiety, from anywhere
9 between two to ten years; and

10 Whereas, Ninety-four percent of women report being
11 inadequately informed about menopause and other common female
12 health issues; and

13 Whereas, Seventy percent of women who seek medical care for
14 menopause symptoms do not receive the necessary treatment, and only

1 nineteen percent of women aged 40 to 60 receive a menopause
2 diagnosis; and

3 Whereas, Seventy-three percent of women are not treating their
4 menopause symptoms, leading to unnecessary health risks and
5 economic burdens; and

6 Whereas, The long-term effects of untreated perimenopause and
7 menopause symptoms can increase risks for cardiovascular disease,
8 osteoporosis, Alzheimer's disease, and diabetes; and

9 Whereas, Training in the delivery of menopause care for
10 medical students and physicians is severely lacking, along with the
11 number of physicians certified as menopause health professionals
12 across the state; and

13 Whereas, It is estimated that \$150 billion is lost globally
14 due to menopause symptoms effecting worker productivity; and

15 Whereas, Women may seek care from a range of health care
16 providers, including primary care physicians, obstetricians,
17 gynecologists, and providers in community health centers and
18 hospitals who can assist in managing menopause-related symptoms
19 through both in-person and telehealth services; and

20 Whereas, Many critical questions about caring for women
21 experiencing menopause remain unanswered due to a lack of research;
22 and

23 Whereas, It is imperative to raise awareness about the
24 expansive effects that menopause and perimenopause have on women's
25 health and how women can advocate for themselves; now, therefore,
26 be it

27 Resolved by the Senate, That the members of this legislative
28 body recognize October 12-18, 2025, as Menopause Awareness Week.