## PUBLIC HEALTH CODE (EXCERPT) Act 368 of 1978

## 333.9137 Mental health screenings.

Sec. 9137.

- (1) Beginning January 1, 2026, all of the following apply:
- (a) A health professional shall offer the mental health screening described in subsection (2) to an individual who has given birth at a follow-up appointment or well child visit during the individual's postpartum period if the health professional is seeing the individual in a pediatric or obstetric and gynecological setting and the health professional determines at the follow-up appointment or well child visit that a mental health screening is appropriate for the individual.
- (b) A health professional other than a health professional described in subdivision (a) may offer the mental health screening described in subsection (2) to an individual who has given birth at a follow-up appointment or well child visit during the individual's postpartum period or until the child reaches the age of 12 months.
- (2) The department may develop a tool to be used by health professionals offering a mental health screening under subsection (1). A health professional may also conduct the mental health screening by using an evidenced-based screening tool to assess an individual's maternal mental health or other postpartum risk factors.
- (3) If a health professional determines that an individual who has given birth may be in need of mental health resources in addition to a mental health screening under subsection (1), the health professional may provide the individual with any of the following mental health resources:
  - (a) Mental health resources that are developed by the department.
  - (b) Information on postpartum mental health conditions and their symptoms.
  - (c) Treatment options for postpartum mental health conditions.
  - (d) Referrals considered appropriate by the health professional for the individual.
- (e) If the health professional determines that the individual may be in need of additional support or services, any other information considered appropriate by the health professional to support the individual.
- (4) As used in this section, "health professional" means an individual who is licensed, registered, or otherwise authorized to engage in a health profession under article 15.

History: Add. 2024, Act 246, Eff. Apr. 2, 2025

Popular Name: Act 368